
WEEKLY DIGEST

March 21, 2024

Unitarian Universalist Congregation of Wilmington

In the Church

- Sunday Worship, March 24
- Quest, March 24
- Share The Plate, March 24
- JUULIETs, March 29
- The UUCWNC Emergency Contact Form is now online!
- Caring Community
- Annual Book & Plant Sale, April 13

Social Justice

In the Community

- UUs at WHQR

On the Calendar



In the Church

Sunday Worship, March 24

Sunday Worship Service will be March 24 at 10:30am. Service Led by Jimmy Reeves. To join via Zoom, please go to our website at www.uucwnc.org and click the link at the top-center of the page, or click on the following link:

<https://zoom.us/j/93934181063?pwd=SE5YUHREbnlVaHU3NWs2akh5ekErdz09>

Dial by your Location 1 929 205 6099 US (New York) Meeting ID: 93934181063.

Quest, March 24

9:15 in Dobkin Hall

Progress! We're all for it, right? with Carl Middleton

It seems like a simple question to answer. After all, who is not for '*improvement*' and '*moving ahead*'? Turns out, it's not quite that simple. History has taught us that progress is a multi-dimensional concept, and not a one-way path to a guaranteed better tomorrow.

This week in Quest, we'll explore the complex, and even controversial, idea of "PROGRESS". This week's reading provides a comprehensive and provocative overview of the emerging Progress Studies movement, offering an ample buffet of 'food for thought' and discussion. If you are not on the QUEST email list and would like the links to the reading and questions, please email quest@uucwnc.org.

Share The Plate, March 24

Unfortunately, over 500 overdoses occurred in New Hanover County last year. Fortunately, help is available from Coastal Horizons, this week's Share the Plate recipient. They provide comprehensive behavioral health services for individuals and families across our community. Annually, they serve over 15,000 people with many programs to address various mental health and substance abuse

challenges. Clients say, “Coastal Horizons is a “change your life” program. I was treated with respect. This program has put me and my family back together.”

New initiatives include:

- embedding a therapist in the hospital emergency department to triage youth and facilitate connections to vital community support programs such as Family Centered Treatment, Child First, and outpatient counseling
- assisting more than 1000 individuals in accessing Medicaid benefits since the 12/1/23 Medicaid expansion in NC
- deploying Clairigent, an AI suicide assessment tool, at various school-based sites including Wilmington Health Access for Teens

For more information, visit <https://coastalhorizons.org/>

Thanks to your generosity, we recently donated \$866.08 to The Warming Shelter.

JUULIETs, March 29

The JUULIETs (Just Unitarian Universalist Ladies Interested in Eating Together) will meet for lunch on Friday, March 29, 2024, at 1:00pm, at Lovey’s Natural Foods and Cafe. Join us for lunch or just come to chat. We’d love to see you and enjoy your company. JUULIETs is always open to new participants. All women are welcome and we’re always open to new members. One of the main purposes of the JUULIETs is to provide a ready-made social circle for women new to the congregation. We eat, we laugh, and we leave knowing each other a little better. This is an LGBTQ safe space.

Lovey's is located at [1319 Military Cutoff Rd., Wilmington, NC 28405](#). The restaurant offers a variety of soups, hot foods made to order, and a well-stocked salad bar. The ingredients of each offering are listed on a card which also says whether the dish contains meat, is gluten free, vegetarian and/or vegan. There's something for everyone!

Call or text Stacy Kitt with any questions: (518) 495-7436.

The next JUULIETs meeting will be on April 26, 2024.

The UUCWNC Emergency Contact form is now online!

Your Caring Team and Pastoral Care Partners have worked to create an Emergency Contact Form for our congregants. This optional form will be available for people to fill out and will be utilized in case of emergency – namely, letting us know who to contact if extra support and help for someone is needed.

To submit your emergency contact information, **please click here**. There are 3 webpages to complete. At the bottom of each webpage on the left-hand side, click the NEXT button to move to the NEXT page. (The form is also available in the lobby.)

If you already completed the paper version of the form, you don't need to complete the online form, but it would be **very helpful** if you would also complete the online form. The information from your form will be kept secure in our UUCWNC Office, so rest assured that your information will be kept confidential. Forms can also be found on the wall in the vestibule. Please send any questions to Rev. Kelley at revkelley@uucwnc.org

Caring Community

Many of you may have been missing long-time UUCW members Don Voyles and his son Steve, who used to sit in the back row in their regular spot. Don has moved to an assisted living facility closer to Steve and family, so won't be joining us on Sundays. But for those of you who have known Don, and his lovely wife Ginger, over many years, he would appreciate cards. He enjoyed being a part of our "wonderful and progressive congregation". Contact Diane H, chair of the Caring Team at caring@uucwnc.org, for his mailing address if you'd like to send him a card, and please write large and clearly so he can read them more easily.

Annual Book & Plant Sale, April 13

REMINDER TO MARK YOUR CALENDARS!

We've "sprung forward" and the azaleas are in full bloom! Which means it's time to start cleaning your bookshelves, and planting seedlings/bulbs in preparation for the **Annual UUCW Book and Plant Sale!!** This enjoyable fundraiser will take place

on **Saturday, April 13th from 9am to 1pm**. On Friday April 12th we will be accepting donations of books, DVDs, CDs, puzzles, and games, as well as seedlings and plants for home and garden.

Additional details about drop-off timing and location will be provided a week prior. If you have questions, please contact Diane re books/games and Thea re plants. Thank you for your support again this year!

Diane Halley
Thea Hagepanos

Social Justice

LEARN MORE:

Corporations Tax Rate Slated to Become Zero Percent by 2031

Read the following article and then follow up by taking the SPEAK UP Action step below, “Wealthy Corporations Paying What They Owe Would Help North Carolina Thrive”: <https://ncbudget.org/wealthy-corporations-paying-what-they-owe-would-help-north-carolina-thrive/>

SPEAK UP:

Sign Petition to Demand NC General Assembly Choose Communities Over Corporations

Investment in our people and communities is crucial to a bright shared economic future in our state. However, for more than a decade, tax cuts have been prioritized over supporting the programs and services crucial to the mutual success of our state's residents. By 2031, corporations will pay **zero** in state income tax in North Carolina, causing a revenue loss of more than \$2 billion annually — \$2 billion less every year to pay for quality education and quality childcare for our kids, infrastructure that our state needs, free and fair elections, and keeping our air and water clean. Let your voice be heard by signing this petition. Click here: <https://ncbudget.org/choosecommunities/> **The signatures on this petition will be delivered to the NC GA – the goal is at least 200,000! Be a part of that number!**

SHOW UP:

Protest in Raleigh for Access to Abortion Medication Mifepristone.

Tuesday, March 26, 10:00 am – Noon, Terry Sanford Federal Building, [310 New Bern Ave.](#) On March 26th, the US Supreme Court will hear oral arguments concerning Mifepristone and the FDA. Currently, the majority of abortions are by medicine and use Mifepristone. To protest the action of SCOTUS, North Carolina people of faith will gather that same day. At the same time, there will be a major protest in Washington D.C. organized by the Women's March. This rally is being organized by the Community Church of CH UU in collaboration with the [Triangle Interfaith Reproductive Justice Coalition](#). Here is [rally info](#). Any questions, contact melvafokun@gmail.com.

JOIN US:

UUCWNC Social Justice Ministry – PLEASE NOTE NEW TIME!

Monday, April 8, 5:30-7:00 pm

The next meeting of the Social Justice Ministry of the UUCWNC will be **in person** in **Dobkin Hall**. For more information about our Social Justice Ministry or any of these announcements and events, contact Michael S. at mjsheridan08@gmail.com.

UU Justice NC's Friday Action Hour – PLEASE NOTE NEW ZOOM LINK!

Friday, March 22, 11:00 am – 12:00 pm

Join Rev. Lisa Garcia-Sampson and other NC UUs to learn current social justice issues and ways to take action. Join using this **Zoom Link**:

<https://us06web.zoom.us/j/87452791684>

STAY INFORMED:

If you are interested in showing up for justice in New Hanover County and around the state, sign up for our **UU Action Alert**. The Action Alert emails will notify you about late-breaking rallies, marches, demonstrations that miss the deadline of the weekly UU Digest. Contact Peter Rawitsch at rawitschp@mac.com to be added to this important email list.

In the Community

UUs at WHQR

Volunteers from UUCW will be answering phones for the WHQR pledge drive on Tuesday, March 26, 9am until noon. If you haven't called in by then to pledge your

support to our public radio, please consider calling at that time (or you can pledge on-line). Our congregation will be mentioned several times during that time slot.

On the Calendar

3/21/2024	11:00 AM	Movement Class (S)	s
	2:00 PM	Poetry Group (C2, Z2)	Classroom 2, Zoom 2
3/22/2024	1:00 PM	Mah Jongg (D)	Dobkin Hall
3/24/2024	9:15 AM	Quest (D)	Dobkin Hall
	10:30 AM	Sunday Worship (S&Z)	Sanctuary & Zoom
	10:30 AM	Youth Religious Ed	Classrooms
3/25/2024	11:00 AM	Movement Class (D)	Dobkin Hall
3/27/2024	6:45 PM	Choir Rehearsal (S)	Sanctuary
3/28/2024	11:00 AM	Movement Class (D)	Dobkin Hall
	11:30 AM	ROMEO Lunch (O)	Off Campus
3/29/2024	1:00 PM	Mah Jongg (D)	Dobkin Hall
3/31/2024	9:15 AM	Quest (D)	Dobkin Hall
	10:30 AM	Sunday Worship (S&Z)	Sanctuary & Zoom
	10:30 AM	Youth Religious Ed	Classrooms



To get your event on the calendar, send an email to office@uucwnc.org with the name of the event, day & time, and the room requested. If you require a Zoom meeting, please include that in your request.



To submit an item to the UU Digest please email it to: uudigest@uucwnc.org.
(Submissions must be received by Wednesday at 5:00pm.)

For more information: <https://www.uucwnc.org/newsletter-faq/>



For Secure Member Directory:

<https://www.uucwnc.org/serve/member-directory-login/>