
WEEKLY DIGEST

March 7, 2024

Unitarian Universalist Congregation of Wilmington

In the Church

- Sunday Worship, March 10
- Quest, March 10
- Share The Plate, March 10
- Open House, March 10
- The Art Wall at UUCWNC Presents...
- Emergency Contact Forms
- Retro Sunday Hospitality Snacks Donations

Social Justice

In the Community

- Mother Hubbard's Data Entry Volunteer Needed

On the Calendar



In the Church

Sunday Worship, March 10

Sunday Worship Service will be March 10 at 10:30am. Service Led by Robin Raim.

To join via Zoom, please go to our website at www.uucwnc.org and click the link at the top-center of the page, or click on the following link:

<https://zoom.us/j/93934181063?pwd=SE5YUHREbnlVaHU3NWs2akh5ekErdz09>

Dial by your Location 1 929 205 6099 US (New York) Meeting ID: 93934181063.

Quest, March 10

9:15 in Dobkin Hall

Music and Memory: A Powerful Connection

with Betsy Randall-David

The relationship between music and memory is a powerful one. Most of us have had the experience of being transported back to yesteryear when hearing music from the past. Music evokes powerful emotions that bring back memories: we remember where we were, who we were with and the feelings the music evoked in us many years ago.

This Quest session will explore the relationship between music and memories both at the personal level and in various settings with patients with significant health issues such as dementia and Alzheimer's Disease.

If you are not on the QUEST email list and would like links to the articles and suggested film to watch, please email quest@uucwnc.org.

Share The Plate, March 10

"When great trees fall in forests, small things recoil into silence," Maya Angelou

This week's Share the Plate goes to The Alliance for Cape Fear Trees. ACFT is a non-profit program whose mission is to preserve, protect, and plant trees to enhance the quality of life for present and future generations. With an active core of over twenty experts in trees and advisory services they are deeply committed to nurture, protect, and regulate the Urban Forest. In the past year, ACFT has distributed over 1500 trees to the community. They have planted 219 trees, including 25 trees commemorating the 125th anniversary of the 1898 Wilmington Massacre and coup d'état.

Their commitment goes well beyond the city and includes the entire lower Cape Fear region, preserving local ecosystems, managing storm water, creating shade, and reducing air pollution for the health of the community and environment. Give a Cape Fear Legacy Tree to celebrate a special occasion, honor someone, or in memory of a loved one. Volunteers are currently being sought who could adopt at least two recently planted trees during the summer season drought to water once a week if there is no rain. For more information, go to [Tree Steward Program](#)

The Alliance for Cape Fear Trees is offering free trees for your spring gardening on March 9, 9am-noon, at Legion Stadium.

Thanks to your generosity, we recently donated \$691.50 to Monty's Home.

Open House, March 10

Everyone Welcome! Bring a dish or beverage to share.
Sunday, MARCH 10, 4-7 pm

Hosts: Linda and Bob Harootyan
708 Autumn Crest Place
Wilmington, NC 28405
(703) 999-8174

DIRECTIONS FROM UUCW

(Total 8.2 miles)

- Turn LEFT onto Lake Ave.
- Turn LEFT onto College Rd.

- Turn RIGHT onto Oleander Dr.
- Continue onto Military Cutoff
- Turn RIGHT onto Arboretum Dr. (LANDFALL: USE VISITOR LANE)
- Turn RIGHT onto Sun Runner Place
- Turn RIGHT onto Autumn Crest Place
- #708 is on the LEFT at the end of the street.

The Art Wall at UUCWNC Presents...

This spring we are delighted to showcase pastel paintings by Joy Rademacher. Joy received her BA in languages from Georgetown College and began taking art classes in Syracuse while raising her family. Pastel quickly became her favorite medium. Upon moving to coastal North Carolina, she was inspired to paint landscapes, particularly marshes. You can spot her around Southport, Oak Island, or along the Shallotte River painting en plein air every week. Joy is an associate member of the Pastel Society of America, a founding member of the Coastal Carolina Pastel Painters, signature member of the Pastel Society of North Carolina, and has had paintings juried into many international as well as local shows.

Please contact Joy or the office for sales; 30% of all proceeds will be donated to UUCW.

Emergency Contact Forms

Hello everyone! Your Caring Team and Pastoral Care Partners have worked to create an Emergency Contact Form for our congregants. This optional form will be available for people to fill out and will be utilized in case of emergency - namely letting us know who to contact if extra support and help for someone is needed. These forms will be kept in a locked filing cabinet in the minister's office, so rest assured that your information will be kept confidential. Forms will be available on Sunday and can be found on the wall in the vestibule. Please send any questions to Rev. Kelley at revkelley@uucwnc.org.

Retro Sunday Hospitality Snacks Donations

Long time church members have said that people used to sign up and donate snacks for their 'special' Sundays and just for fun. If you would like to revive this 'retro' practice, please sign up on the clipboard beside the coffee urns. There will be a list with dates of upcoming Sundays. Please choose a Sunday you would like to bring some of your favorite snacks to share with your fellow members.

Social Justice

LEARN MORE:

UU the Vote 2024 National Launch

Thursday, March 14, 7:00 - 8:30 pm ET

We enter the work of UU the Vote 2024 grounded in the current political and spiritual conditions of our faith and national community. The work that is needed in 2024 will require us to anchor in our power and connect authentically to mobilize UUs, voters, and our local communities. UU the Vote 2024 is an ambitious strategy to grow a powerful pro-democracy majority. Join *Side With Love* for the kick-off of UU the Vote 2024, where you'll learn about the electoral work of State Action Networks (like North Carolina!), their partners in key states, and more! Register here: <https://secure.everyaction.com/15gwk4JrxUO2eEcwBkgI0w2>

SHOW UP:

Wilmington Women's Rally

Saturday, March 9, 10:00 am – 12:00 pm, Innes Park at 3rd Street & Princess St.

Women Organizing for Wilmington is hosting this rally where speakers will address International Women's Day (March 8th), voting rights and responsibilities, Reproductive Issues, LGBTQ+ issues, and more. We will have our "*Show Up For Justice*" banner there. Come and join us!

Invest in New Hanover County Students Rally

Tuesday, March 12, 4:00-6:00 pm – Outside of NHC Board of Education Center, 1805 S. 13th Street, Wilmington

The New Hanover County Association of Educators and other public education groups are hosting this event. Speakers will address the proposed cuts to public school staff positions. They will be asking our State Representatives, County Commissioners, and School Board members to invest in our students and staff.

Another opportunity to display our “*Show Up For Justice*” banner and have a significant UU presence. Hope you can be there!

JOIN US:

UUCWNC Social Justice Ministry – PLEASE NOTE NEW TIME!

Monday, March 11, 5:30-7:00 pm

The next meeting of the Social Justice Ministry of the UUCWNC will be **in person** in **Dobkin Hall**. For more information about our Social Justice Ministry or any of these announcements and events, contact Michael Sheridan at mjsheridan08@gmail.com.

UU Justice NC’s Friday Action Hour – PLEASE NOTE NEW ZOOM LINK!

March 8, 11:00 am – 12:00 pm

Join Rev. Lisa Garcia-Sampson and other NC UUs to watch and discuss a new documentary “God & Country,” which will help us become more skilled in recognizing white Christian nationalism in our communities and during the 2024 election. Join using this **new Zoom Link**: <https://us06web.zoom.us/j/87452791684>

STAY INFORMED:

If you are interested in showing up for justice in New Hanover County and around the state, sign up for our **UU Action Alert**. The Action Alert emails will notify you about late-breaking rallies, marches, demonstrations that miss the deadline of the weekly UU Digest. Contact Peter Rawitsch at rawitschp@mac.com to be added to this important email list.

In the Community

Mother Hubbard’s Data Entry Volunteer Needed

Mother Hubbard’s Cupboard needs a volunteer to enter data into a computer system. This computer database primarily keeps track of a client’s current family size, which determines how much food that family is given by the Cupboard. The database is very user friendly and easy to learn.

This Volunteer would work from about 12:00 to 3:00 the 1st and 3rd Saturday of each month. In Post-COVID Mother Hubbard's clients are served outside, so you would never be in close contact with them.

Mother Hubbard's served over 64,000 Clients last year, so the need is great. If you are willing to help, you would be doing a lot of good for our area. Please contact Ron and Bev Cochran @ bbcochran721@gmail.com if you're interested.

On the Calendar

3/7/2024	11:00 AM	Movement Class (D)	Dobkin Hall
3/8/2024	1:00 PM	Mah Jongg (D)	Dobkin Hall
	4:00 PM	Search Committee Meeting (campus closed)	Whole Campus
3/10/2024	9:15 AM	Quest (D)	Dobkin Hall
	10:30 AM	Sunday Worship (S&Z)	Sanctuary & Zoom
	10:30 AM	Youth Religious Ed	Classrooms
	4:00 PM	Open House	TBA
3/11/2024	11:00 AM	Movement Class (D)	Dobkin Hall
	5:30 PM	Caregiver Support Group (C2)	Classroom 2
	5:30 PM	Social Justice Ministry (D)	Dobkin Hall
3/12/2024	1:00 PM	MET (D)	Dobkin Hall
	1:00 PM	Quilting Group (C1)	Classroom 1
	5:00 PM	BOT Exec. Meeting (Z)	Zoom 1
	5:00 PM	Music Rehearsal (C1)	Classroom 1
3/13/2024	5:30 PM	Worship Team Meeting (C1, Z1)	Zoom 1, Classroom 1
	6:45 PM	Choir Rehearsal (S)	Sanctuary
3/14/2024	11:00 AM	Movement Class (D)	Dobkin Hall
	11:30 AM	ROMEO Lunch (O)	Off Campus
3/15/2024	1:00 PM	Mah Jongg (D)	Dobkin Hall
3/16/2024	9:30 AM	GLT (C1)	Classroom 1
	3:00 PM	NYRDs Game Night (D & C3)	Dobkin Hall, Classroom 3
3/17/2024	9:15 AM	Quest (D)	Dobkin Hall
	10:30 AM	Sunday Worship (S&Z)	Sanctuary & Zoom
	10:30 AM	Youth Religious Ed	Classrooms
	12:00 PM	Soup Sunday (D)	Dobkin Hall
	5:00 PM	The Coffeehouse (D)	Dobkin Hall



To get your event on the calendar, send an email to office@uucwnc.org with the name of the event, day & time, and the room requested. If you require a Zoom meeting, please include that in your request.



To submit an item to the UU Digest please email it to: uudigest@uucwnc.org.
(Submissions must be received by Wednesday at 5:00pm.)

For more information: <https://www.uucwnc.org/newsletter-faq/>



For Secure Member Directory:

<https://www.uucwnc.org/serve/member-directory-login/>